

EMERGENCY INFORMATION CARD

When on the slopes, you should carry photo ID, insurance and credit cards, and emergency medical information to assist EMTs with your care, if on-site assistance is required. Medical information provided should include important things such as blood type, drug allergies, any serious medical conditions, contact lens use, and religious preference. You may use the following form if you like. Complete this form and carry it with you on the slopes.

SUSQUEHANNA SKI CLUB MEDICAL & EMERGENCY INFORMATION

TRIP INFORMATION:

Trip Name: _____ **Dates:** _____ **Lodging:** _____

Trip Leader: _____ **Trip Leader Cell Phone #:** _____

PERSONAL INFORMATION:

Name: _____ **Age:** _____ **Gender:** _____

Home Address: _____

Height: _____ **Weight:** _____ **Usual Blood Pressure:** _____ **Usual Pulse:** _____ **Blood Type:** _____

Allergies / Serious Medical Conditions: _____

Family Physician: _____ **Physician Phone #:** _____

Physician's Address: _____

Insurance Co.: _____ **Policy #:** _____

Person to contact in case of emergency: _____ **Relationship:** _____

Contact's Address: _____ **Contact's Phone #:** _____
